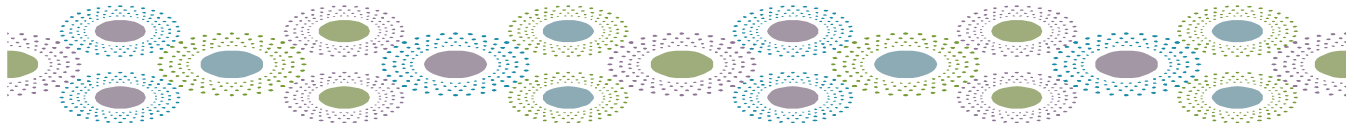




The Reader



February 2010

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The Reader is the bimonthly newsletter of People, Words & Change. We welcome stories and articles by our members.

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NOW I CAN.....!

In 2010 I Will Change My Life

When I was young I never had a chance to finish my schooling. Now I live in a nice country where there is a lot of opportunity, and my children are grown.

Now I must make time for myself. This year I'm going to reach my goals. I want to have confidence in my reading and writing. I want to learn to drive. I'm blessed with many things, I need to do these things so that no one can take me for granted.

People Words And Change opened my windows. Thanks to my tutor Alison!

Rita

NOW I CAN.....

Before I started my English lessons I couldn't write a report or letters without mistakes.

Now I can write a report and letter without any grammar mistakes. This makes me feel good and confident. I will be able to write reports at work. This will help me find new opportunities.

-A PWC Learner



Dear Chris,

NOW I CAN: with confidence. Here are the things that I can do. I can write a letter to my kids' teachers with confidence. I can also write an accident report at work. At the grocery store, I can read the ingredients on the labels.

At daycare I can read better to the children.

I am so proud of myself.

I am also thankful for the PWC program and the tutors, especially my tutor Anne.

Thank you so much.

Sincerely,

Catherine Opukuware



The Wii Fit

The Wii is fun exercise. It helps me and Analisa to stay fit. The Wii trainer helps us stay thin. I enjoy the Wii with my wife. We are a Wii family.

By Mark Evraire

RECIPE FOR MEAT PIE

By Catherine Opokuware

Ingredients:

4 cups all purpose flour

¼ tsp. baking powder

¼ tsp. salt

1 ½ cups margarine

2 lbs. ground beef, or chicken breast

1 whole onion

2 cloves of garlic

¼ tsp. hot pepper (if you wish)



Chop the onion, hot pepper and the garlic. Add them with the meat and ¼ cup water. Cook for about 10 minutes. Pre-heat the oven to 350 degrees. In a separate bowl add flour, baking powder, salt and margarine together. Mix it gently. Roll the dough on the counter. Cut it in circles. Place 1 tbsp. of the meat on each circle and fold the dough over and seal the edges. Bake for about 20 minutes.



Book Review of “Stories from Shakespeare”

I read a book on January 2, 2010, titled “Stories from Shakespeare”. It has fifty-four pages. The reading level of this book is 3, pre-intermediate. This book talks about Shakespeare’s four famous plays; “The Merchant of Venice”, “A Midsummer Night’s Dream,” “Hamlet”, and “Julius Caesar”. I like this book because it is easy to read and understand. It also shows loyal friendship, true love, and warm heart. I would have liked this book more if it had described the setting surrounding the characters.



By Lelin

How I Came to Canada



It is a long journey from Sudan to Canada; passing by West Africa and Europe, but it is worth it.

I was born in 1967 in El Obeid, the capital city of Kurdofan in Western Sudan. El Obeid is about 650 Km West from Khartoum, the capital city of Sudan. In my teen years, I developed a high sense of humanity which introduced me to the field of volunteerism and helping others as well as developing my artistic skills. During, and after university I felt I could make a positive change in a community, but it seemed to be very hard to do. I ended up moving to many places far from my homeland in order to achieve that goal: through Chad to West Africa, from Niger to France and finally to Canada. Arabic, English, Hausa and art language enabled me to be part of the fourth Francophone Games where I had one of my paintings at the National Gallery of Canada for two weeks, competing with 33 other artists from all over the world. At the same time, I was doing live demonstrations of my paintings at the Canadian Museum of Civilization.

I’m so glad to be in Canada and to be part of its multiculturalism.

By Hamid Ayoub



GET TO WORK!

Are you looking for a job?

Do you want to improve your job search skills?



We can help!

Sign up for an online workshop in the PWC Computer Lab to help you improve your essential job search skills. Learn about:

- **Networking** to find a job
- Preparing for **interviews**
- Using online **job banks**
- Your level of **assertiveness**
- Good **communication** skills
- Reading workplace **documents** and forms
- Workplace **safety**
- Understanding **Essential Workplace Skills**
- Setting and working with **employment goals**
- **Apprenticeship** programs

*You can also get help preparing a **Résumé** and writing **Letters of Introduction**.*

About the sessions:

- Each session is **2 hours** long
- Book a day and time that is **convenient** for you (either Wednesday or Thursday – day or evening.)
- You will probably need **at least** 4 sessions to work through the program
- You can move at your own pace.
- You don't need a lot of computer experience
- You can come with your tutor if you wish

Talk to your tutor or your Education Counsellor or contact Hoppy directly at:

hoppy@pwc-ottawa.ca

613-234-2494

Tutor Workshop

Monday, March 1 6-8 pm

GETTING IT DOWN ON PAPER:

A workshop to help tutors work with reluctant writers

Does this sound like your learner?

“I don’t know what to say.”

“What should I write about?”

“I’ll write better after I can read better.”

“I can’t write until I can spell.”

Come and learn some techniques that will help your learner get ideas down on paper. Please let us know if you’ll be attending.



Employment Training

Housekeeping Room Attendant

HT Hospitality is offering a 30-day, 180-hour Housekeeping Room Attendant training program leading to employment in major hotels in Ottawa. The entry level salaries range from \$13.50 to \$17.50 per hour, benefits within 3 months, along with many opportunities to “ladder up”.

If you are interested....

Step 1: Discuss this opportunity with your Ontario Works Case Coordinator or Employment Specialist.

Step 2: Call Louise Smith at 613-562-1679 to register. You may be required to participate in a competitive interview process in order to be selected.

Training start date: February 22, 2010. You must be able to attend full-time training.

Resume required. This training is offered in English. Training is available for Ontario Works Participants and ODSP Spouse and Dependents, OPT 4 Jobs active only. If you are in receipt of Employment Insurance (E.I.), are E.I. pending or have received E.I., you will need to contact your Ontario Works Case Coordinator to discuss alternative funding options.