

The Reader

People, Words & Change



Adult literacy,
one-on-one.

JUNE 2019



The Reader is the quarterly newsletter of People, Words & Change. We welcome stories and articles by our learners.

People, Words & Change
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Bus #14 stops in front of the building.
There is also street parking.

Feedback on the manner in which PWC provides its services to people with disabilities, and any other services, is encouraged and appreciated.



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- Volunteer Appreciation Event
- Now I Can! PWC Learners Write
- PWC Learner Success Stories
- PWC Computer Corner
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- Word Games

**EMPLOYMENT
ONTARIO**



PWC SUMMER SCHEDULE

PWC will be closed from Monday, July 1 to Friday, July 26.

PWC will re-open on Monday, July 29.

Tutors and learners who meet at PWC may continue to do so throughout July, but please note Heartwood House summer hours below.

HEARTWOOD HOUSE JULY & AUGUST

Mondays – 8 a.m. to 5 p.m.

Tuesdays – 8 a.m. to 5 p.m.

Wednesdays – 8 a.m. to 7:30 p.m.

Thursdays – 8 a.m. to 5 p.m.

Fridays – 8 a.m. to 5 p.m.

Twice Upon a Time Turns Five!

Twice Upon a Time celebrated its fifth anniversary! Their first location opened at Heartwood House on May 24, 2014, and since then they have given away over 21,000 books to Ottawa kids!



PWC will hold its Annual General Meeting and potluck on Wednesday, June 19, at 6:30 p.m. All PWC tutors and learners are welcome to attend.

SAVE THE DATE!

PWC's 9th Annual Power of Words Breakfast

Friday, September 6, from 7:30 – 9:30 a.m.
Heartwood House, Unitarian Space
400 McArthur Ave.



Learners and tutors, come and celebrate your success with a free hot breakfast! Natural Keys will perform the opening song, several PWC learners will share their stories, a special guest will be speaking, free books will be available for learners, and there will be a book raffle!

Invitations and more details coming in August!

Volunteer Appreciation Event

April 10, 2019

We held another successful event to thank our volunteers for their vital contribution to PWC! With tasty snacks and gift cards provided by local businesses, each tutor went home with a token of appreciation from all of us at PWC.

Ottawa group Natural Keys performed and had us all tapping our feet to their reggae tunes!

Thank you, PWC volunteers! We couldn't do this without you.



Thank you, Donors!

Bridgehead • Broadhead Beer • Bytowne Cinema • Cedar Valley Restaurant • Chances R Restaurant • Courtyard Restaurant • Cyrano's Restaurant • EB Games • Elgin Beer Project • Epicuria • Farm Boy • Fraser Café • FreshCo • GCTC • Hummingbird Chocolate • La Roma • Lieutenant's Pump • Loblaws Vanier • Mamma Grazzi's Kitchen • Mayfair Theatre • NAC • Parish Home Services • Pure Kitchen • Ralph & Sons Diner • Robbie's Italian Restaurant • Sentimental Flowers & Gifts • St. Louis Bar & Grill • Stella Luna Gelato Café • Stoneface Dolly's • The Brew Table • Third Avenue Spa • Zola's

Now I Can! PWC Learners Write...

**Reading and writing cannot be separated.
Reading is breathing in, and writing is breathing out.**

Thank you to Angela (tutor) for sending us this quote!



March 15, 2019

There are many problems in the world like earthquakes, tsunamis and deaths. There is no reason why some events happen. On March 15, 2019, the Christchurch mosque shooting was a tragedy. What happened that day was a tragedy in the holy mosque. Fifty innocent people praying were killed for no reason, and it made many people feel sad. All around the world we are praying for those people who lost their family members. We all pray for them and ask Allah (God) to guide them to heaven. Amin/Amen

Thank you for reading my message.

Sincerely,
Fadumo



The Famous Five

In the 1900s women weren't considered as equal as men. All women stayed at home taking care of their families. Women never had power to speak their minds, to vote, or own property, and so on. All they were doing was cooking, cleaning, and raising their children. They were also helping their husbands outside on the farm.

However, these five women changed the lives of all women for the best. Their names are as follows:

Henrietta Muir Edwards

Louise McKinney

Irene Parlby

Emily Murphy

Nellie McClung



Emily Murphy was the first female judge and she fought for a law that protected women.

Nellie McClung was a famous writer and she made speeches to protect women.

Louise McKinney was a Christian and helped to unite the churches of Canada.

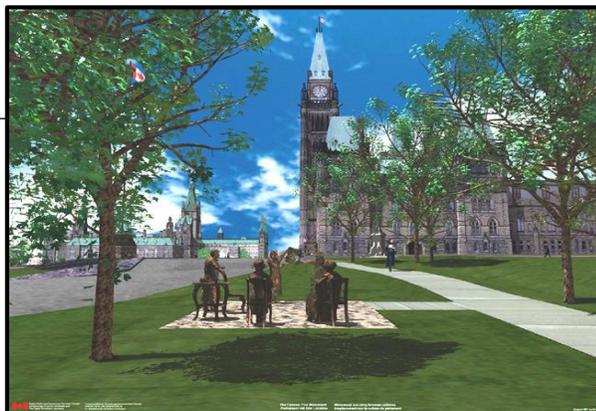
Henrietta Muir Edwards made the first women's magazine. It was called 'Working Women.' Henrietta knew about the law and helped women to change the law.

Irene Parlby was supporting farm women. Her belief was to help to educate women and to reform the healthcare system.

These five extraordinary women helped to change women's lives forever. They accomplished the impossible and helped women to have the right to be as equal as men.

On Parliament Hill there is a life-sized statue dedicated to the Famous Five.

-Sara



My Perseverance with English

The reasons I want to stick with English are as follows. First, I want to understand others and be understood. Second, I want to continue and even advance my career. Finally, to integrate myself into local society is another motivation.

The way I hang in there is to try different ways and opportunities. Firstly, I have a volunteer teacher (Greg) from PWC who can provide free learning hours. After each class, I listen to the recording in order to refresh my memory. Secondly, I try to make a presentation to myself after each class. I can recall what I've learned and improve my English at the same time. Lastly, I try to speak as much English as I can at home. My first son is a very good helper.

There are some other things I am planning to do such as teach my wife English, go to church and make friends, and listen to English songs, etc. Actually, the most important thing is my attitude-NEVER GIVE UP!

-Feng



An Unusual Trip to Niagara Falls

The winter holiday season was almost over. To celebrate our hard-working year, my family decided to go on a trip to Niagara Falls. We found a good deal online for a hotel-room stay in the Niagara Falls area, and went to the hotel the same day. When we arrived, the room was not reserved.

We contacted the company online, but we had to wait for a long time. There were not a lot of people working at the end of the year. We were finally put into another hotel, but the reservation process took a long time.

While waiting in the hotel lobby, our phone battery ran out. We couldn't talk to the company about how the reservation was processed. The charger was in our locked bag but the lock was broken, so we had to break the lock by force.

Finally, we checked in at 11 p.m. We were exhausted due to the stress, long waiting, and having eaten nothing. We could not spend the evening touring the area. We went to bed right away.

The next day, we came back home soon after we got up because of the bad experience. My husband said, "Why couldn't we just stay home? Why did we have to go on a trip and have this problem?" It was an unexpected and unusual nightmare.

-Hyunju



Dreams Don't Have an Expiration Date

I was talking to my sister on the phone today and we got onto the topic of being a mother. I don't have children yet, but I still carry this mother energy with me.

I will be 40 in October. Turning 40 is a big one, nothing like turning 30. I hope to have kids sometime soon. It's hard, because the reality is that time is running out and I'm definitely facing a very real biological clock. I've always wanted kids. I thought I would have a bunch, but if I could have one, or even two, I would be so blessed.

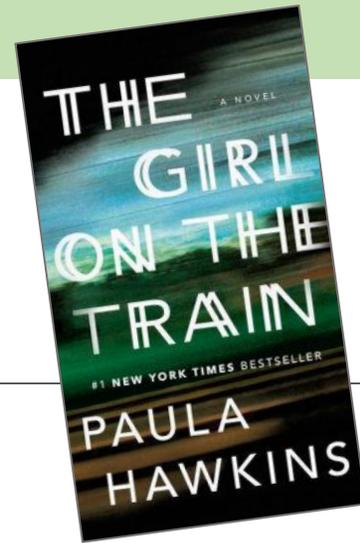
I'm thinking about how to channel that mother energy I feel. I want to give, protect, nurture, love and cherish. How can I express this without a physical child? Recently, I've been feeling that I want to give to people. It makes me feel like I'm doing something, like I'm making a difference in this wonderful, complex world we live in. The more I give, the more I feel called to be of service to others. By channeling this mother energy, I can put it to good use.

There is some part of me that believes I will have a child. I haven't given up yet. I'm still holding onto the dream. I have no reason to let go – I still have time.

My favourite quote is from KT Witten: "Your dream doesn't have an expiration date, take a deep breath and try again." When we lose our dreams, we lose our drive. Dreams give us that push to keep going forward and keep us hopeful about all the wonderful things to come. Make sure that you are doing all you can to accomplish your dreams and bring them to life. Never give up.

-Chana





The Girl on the Train

This book was a murder mystery. It had ten characters: Rachel, Tom, Anna, Meghan, Scott, Kathy, a newborn baby, Detective Riley, another detective, and a psychiatrist.

Basically, Rachel is the main character. She is an alcoholic and the ex-wife of Tom, who is now married to Anna with an infant child.

Rachel rides that train every morning pretending she is going to work, but she doesn't have a job. She was fired a couple of months ago. She has a roommate, Kathy, who she has lived with for the last two years.

So, the story is about the murder of Meghan, Scott's girlfriend. The police think that Scott murdered her. He has become the primary suspect. Meghan's body was found in the woods. She was having an affair with two other men – the psychiatrist and Tom, Anna's husband. She becomes pregnant by one of the three men and tells Tom he could be the father. He kills her in the woods.

Rachel was attacked near the crime scene, but could not recall who the attacker was. Over time, she starts to recall that she witnessed Tom driving Meghan in his car that night she was murdered. Rachel had a blackout and starts having a memory of the events and tries to warn Anna, Tom's current wife. Tom finds out and tries to choke her. She gets away and he follows her outside their home. She turns and pierces his jugular with a corkscrew. Anna follows her lead and puts the screw in deeper. Tom dies. They call the detective to make a statement to the police. It was self-defence. The mystery was solved and the women got off.

Rachel still rides the train everyday, but she is sober now and life goes on.

The End

-Christine

PWC Learner Success Stories!

Iman

Iman came to PWC to improve her reading, writing and math skills in order to take classes at the Adult High School. In very little time, but with a lot of hard work, she has progressed to high school classes and is on her way to a very bright future!

Lori

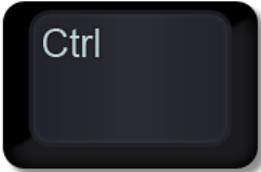
Lori came to PWC to acquire computer skills after losing her sales associate job when Sears closed. She attended class regularly while job hunting, working on emails and attachments, word processing, and Internet searches. Her diligence paid off; she is now employed in a small retail environment where her duties include emailing customers with responses to their inquiries. She gained a great deal of skills and confidence while at PWC!

Sandra

Sandra joined PWC's tutoring program to work on making her English writing more professional in order to look for employment in an administrative position. After working with her tutor on email writing and learning a lot of phrasal verbs, Sandra found work as an accounting clerk and is very happy at her new full-time position!

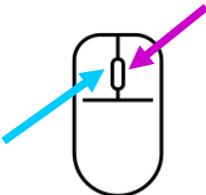


Keyboard Shortcuts in Word

 	+ N	New doc
	+ S	Quick save
	+ B	Bold
	+ I	Italicize
	+ U	Underline
	+ Z	Undo
	+ End	Go to end of doc
	+ Home	Go to start of doc
	+ X	Cut
	+ C	Copy
	+ V	Paste

Use these shortcuts in Word when you want to save time or when you want to click less on the mouse.

Right-click
to see a list of
choices.



Left-click
to make a choice.

PWC Computer Corner

In our computer classes, you can learn the basics of computers, such as the different kinds of hardware and software, how to manage files on your computer, typing, and many other skills. You can also learn how to send and receive emails and how to attach files to your emails. We also teach learners how to use the Internet for better search results, how to fill in online forms, and how to use a USB flash drive. In our more advanced modules, you can learn a variety of formatting skills that you would need to create documents in Microsoft Word.

Two of our computer lab learners created flyers using these kinds of skills.

Great job, Christine and Juana!

Annual Yard Sale

Centertown Community Center

Saturday, June 1, 2019. 12pm

Clothes, jewelry, household items.

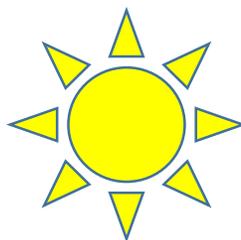


WONDERFUL trip to
the lost city of the Incas.

Peru, South America



You will travel to the city of Cuzco and take the train very early in the morning. Along the way we will be able to see llamas, vicuñas, alpaca farmers and their children. They are always happy to wave goodbye. No one is able to see the ruins from the bottom of the mountain. As you go up on the train, slowly the city of Machu Pichu will come to sight.



-Juana

Free Summer Activities!

Ottawa Free Tours

Free guided walking tours of downtown Ottawa with stories of Ottawa's history, landmarks, and vibrant culture.

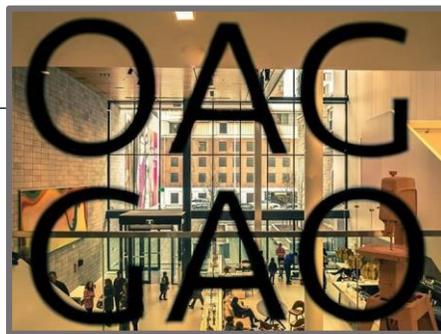
Visit www.ottawafreetour.com for more information or to book a tour.



Ottawa Art Gallery – Free Admission

Visit the Ottawa Art Gallery to see historic and contemporary works of art. **Free childcare** on Fridays, and between 3 and 7 p.m. on Wednesdays!

For more information, visit <https://oaggao.ca/ottawa-art-gallery> or call 613-233-8699



The National Gallery of Canada, The Canadian Museum of History, the Canadian Museum of Nature, the Bytown Museum, and the Canadian War Museum are all free on Thursdays after 5 p.m.!

The Canada Agriculture and Food Museum, the Canada Aviation and Space Museum, and the Canada Science and Technology Museum are free everyday between 4 and 5 p.m.!

Free Summer Activities!

Capital Pop-Up Cinema

Capital Pop-Up Cinema is an organization that shows free movies outside in different areas of Ottawa from June until early October. You can rent a folding chair for \$5, and popcorn and bottled water will be available for purchase. Weather permitting, movies start at dusk.

Here is their schedule for this summer/early fall.

June 14 - Sparks Street- Mean Girls
June 15 - Parkdale Park - The Sandlot
July 6 - Beechwood Cemetery - A League Of Their Own
July 19 - Sparks Street - Big
July 20 - Parkdale Park - Napoleon Dynamite
August 8 - War Museum - Hook
August 10 - Beechwood Cemetery - Bill & Ted's Excellent Adventure
August 15 - War Museum - Highlander
August 16 - Sparks Street - Honey I Shrunk The Kids
August 17 - Westboro FUSE - The Princess Bride
August 23 - Parkdale Park - Best In Show
August 24 - Dovercourt - Who Framed Roger Rabbit
September 7 - Beechwood Cemetery - Back To The Future II
September 13 - Sparks Street - TBA
October 5 - Parkdale Park - Fantastic Mr. Fox

Visit capitalpopupcinema.com or their Facebook page for more information.



Free Summer Activities!

Summer Solstice Indigenous Festival June 20-23, Vincent Massey Park

Check out this multi-day event in honour of National Indigenous Peoples' Day (June 21) with music, dancing, art, and more by First Nations, Métis, and Inuit artists.

Visit www.ottawasummersolstice.ca or call **613-838-5558, ext. 104** for more information.



Canada Day July 1

Enjoy free concerts and activities on Parliament Hill, at Major's Hill Park, and at the Canadian Museum of History. Fireworks end the day off at 10 p.m.

OC Transpo buses are free on July 1.



Summer Word Search

Find the summer words in the word search below.
Then, try writing sentences with those words!



sun	park	flowers	thunder	humid
beach	vacation	lightning	pool	picnic

F O C E L H K G E S R S N A W I
N M O J I M K I R E R H E T E G
N N V Z Q G N J R N R R M T M P
E Q N T N N T N B R P Y E E G E
T R P T A S D A F U A S G E N X
O D N B I K A S G Z T U R I R Z
T R M E R S B U Z F O S O E T W
P D E A T H U N D E R T U O B T
O O P C F L O W E R S B A A O C
O R C H P I C N I C I S L E T R
L I G H T N I N G N M E T T E N
O P I A U R P V R T M A E H A A
V M C W H M R Q I O X I H Y U S
E A Y N B C I R U L R X U J N O
V C L L Q G S D E S E S F N N N
J I S N D C L A E O P W E N F M

Summer Word Search Answer Key

F	O	C	E	L	H	K	G	E	S	R	S	N	A	W	I
N	M	O	J	I	M	K	I	R	E	R	H	E	T	E	G
N	N	V	Z	Q	G	N	J	R	N	R	R	M	T	M	P
E	Q	N	T	N	N	T	N	B	R	P	Y	E	E	G	E
T	R	P	T	A	S	D	A	F	U	A	S	G	E	N	X
O	D	N	B	T	K	A	S	G	Z	T	U	R	I	R	Z
T	R	M	E	R	S	B	U	Z	F	O	S	O	E	T	W
P	D	E	A	T	H	U	N	D	E	R	T	U	O	B	T
O	O	P	C	F	L	O	W	E	R	S	B	A	A	O	C
O	R	C	H	P	I	C	N	I	C	I	S	L	E	T	R
L	I	G	H	T	N	I	N	G	N	M	E	T	T	E	N
O	P	I	A	U	R	P	V	R	T	M	A	E	H	A	A
V	M	C	W	H	M	R	Q	I	O	X	I	H	Y	U	S
E	A	Y	N	B	C	I	R	U	L	R	X	U	J	N	O
Y	C	L	L	Q	G	S	D	E	S	E	S	F	N	N	N
J	I	S	N	D	C	L	A	E	O	P	W	E	N	F	M

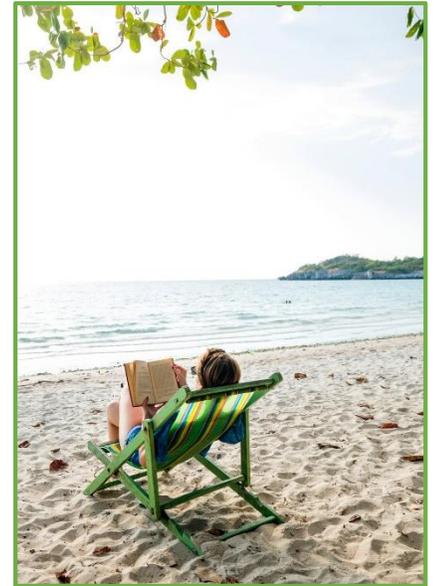


A Day at the Beach!

Challenging Word Search and Writing Activity

Find the list words in the word search below. The words may be in various directions.

Then, try writing a story using some or all of the words. The title for your story is, "A Day at the Beach!"



beach	waves	boardwalk	fish	jellyfish	lifeguard
ocean	pail	picnic	pier	sailboat	sand
sandals	sandcastle	seashell	seaweed	shoreline	shovel
snorkeling	sunglasses	sunshine	surfboard	swimsuit	umbrella
blistering heat					

A Day at the Beach!

Answer Key

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
1	W	C	C	F	I	J	F	I	S	H	E	D	Q	R	R	U
2	O	F	K	L	L	E	H	S	A	E	S	T	E	U	V	Z
3	S	S	Q	D	E	E	W	A	E	S	T	P	E	C	B	B
4	E	L	T	S	A	C	D	N	A	S	E	D	P	E	L	S
5	D	O	H	T	A	O	B	L	I	A	S	I	A	I	H	P
6	S	U	M	B	R	E	L	L	A	N	E	C	S	O	N	L
7	B	E	D	Z	S	W	N	Q	W	R	H	T	V	J	S	I
8	D	O	V	S	M	N	F	I	H	E	E	E	S	E	U	F
9	R	S	A	A	A	J	O	P	L	R	L	O	L	L	N	E
10	A	W	L	R	W	N	I	R	I	E	X	U	M	L	G	G
11	O	I	I	N	D	C	D	N	K	D	R	F	N	Y	L	U
12	B	M	A	R	N	W	G	A	R	E	N	O	I	F	A	A
13	F	S	P	I	T	H	A	W	L	Z	L	A	H	I	S	R
14	R	U	C	J	E	O	N	L	C	S	F	I	S	S	S	D
15	U	I	N	A	E	C	O	A	K	B	I	P	N	H	E	Q
16	S	T	T	Y	S	U	N	S	H	I	N	E	Z	G	S	L

Word Search Answer/Hints

The words below are listed with their starting row and column

BEACH 3:15
 BLISTERING HEAT 3:16
 BOARDWALK 7:1
 FISH 1:7
 JELLYFISH 7:14
 LIFEGUARD 6:16
 OCEAN 15:7
 PAIL 13:3
 PICNIC 9:8

PIER 4:13
 SAILBOAT 5:11
 SAND 14:13
 SANDALS 8:4
 SANDCASTLE 4:10
 SEASHELL 2:11
 SEAWEED 3:10
 SHORELINE 14:14
 SHOVEL 4:16

SNORKELING 7:5
 SUNGLASSES 7:15
 SUNSHINE 16:5
 SURFBOARD 16:1
 SWIMSUIT 9:2
 UMBRELLA 6:2
 WAVES 10:5

